

**Booze, The Blues, and Other Taboos**  
**Part 1 – “Identity Crisis”**  
April 8, 2018

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**Groups Questions**

1. What were some taboo topics in your family of origin?
2. Have you ever had to have an awkward or embarrassing conversation? What was the subject matter? What made it hard to talk about?
3. How old were you when you began asking who you are and if you matter?
4. What insights about “identity formation” did you find most helpful?
5. Jason said that the problem with a modern identity is that it’s incoherent, it’s unstable, it’s fragile, it’s crushing, it’s fragmenting, it’s exclusive and it’s an illusion. Have you experienced any of these when search for a sense of self or worth?
6. Read Galatians 3:26-29. Describe the implications of having a gospel identity.
7. Why is it hard for you to hang on to a gospel identity? What impact would it make in your life if you rehearsed your homework every day?