

# hope

## Booze, The Blues, and Other Taboos

### Part 6 – “Depression”

May 13, 2018

---

#### Groups Questions

1. A couple of decades ago, depression and anti-depressants were major taboos. To what degree do you think they are taboo topics today?
2. Are there any ways that you see people holding a simplistic view on depression? Are there ways that you have held a simplistic view on depression?
3. Have you or has someone close to you had a challenging struggle with depression? How did it affect you? Did you see anything good come out of it?
4. Were you able to relate to the video of Jason's story? How was it helpful?
5. What Bible verses were most helpful from this message?
6. What was most helpful for you from this message?