

2020-2021

High School

WEEKLY CUES

YOU GOT
THIS!

Theme

Get Out of My Mind: A Series About Temptation

THINK ABOUT THIS:

Many of us can relate to the reality of temptation—whether that’s giving into it, facing the consequences of giving in, or feeling shame for our decisions. Temptation is both uniquely personal and universal. Which is why we want to spend time talking about it with students. We hope to help them do three things: navigate temptation when it comes up, recover when they give in, and remind them that no matter what they do or don’t do, God is for them.

Week One

**Matthew 4:2-4, Matthew 3:17,
2 Corinthians 10:5b**

Let what God says about you influence what you do.

Week Two

Matthew 4:1-11, Philippians 4:19

Live knowing God cares for your needs.

Week Three

Matthew 4:5-7, Galatians 6:7

Trust what God has labeled as true.

Week Four

John 3:17, Psalm 51:10

When you give in, you can start again.

REMEMBER THIS

“Create in me a clean heart, O God. Renew a loyal spirit within me.”
Psalm 51:10, NLT

High School

DAILY CUES



Morning Time

Brainstorm a few positive words that describe your teenager. As they head out for the day, say something like, “When it comes to messing up or doing things we aren’t proud of, sometimes we’re hardest on ourselves. Know that when I look at you, I see someone who is (include the words you brainstormed.) Today, no matter what decisions you make, I want those to be the words you hear, telling you who you are.”



Meal Time

During dinner, start a conversation about decision-making. Ease into sharing an age-appropriate example of a time you made a regrettable decision and gave into temptation as a teenager. Share about what you learned, the consequences, and what you wish you would have done differently. Use this time to let your teenager know you have been in their shoes and they aren’t alone in battling temptation.



Their Time

Ask your teen who their top three favorite influencers, Youtubers, or celebrities are right now. Take some time to learn about these people and what makes them someone your teenager wants to follow. Maybe even watch a video or two together.



Bed Time

Before your teenager goes to bed ask them, “If you had the chance to go back and do today again, is there anything you would change? How did decisions you made today line up with person you want to be? How can you make it so the things you know are true about you are reflected in the decisions you make?” Make sure the conversation ends with them seeing you as a safe place to talk about their mistakes.