

Busy Body
Part 3 – “YOLO, so Death to FOMO”
January 20 & 23, 2022

Genesis 1:27

So God created mankind in his own image, in the image of God he created them; male and female he created them.

Genesis 2:7

Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.

Psalms 90:1-2

Lord, you have been our dwelling place throughout all generations. Before the mountains were born or you brought forth the whole world, from everlasting to everlasting you are God.

Psalms 90:3

You turn people back to dust, saying, "Return to dust, you mortals."

Psalms 90:4

A thousand years in your sight are like a day that has just gone by, or like a watch in the night.

Psalms 90:5-6

You sweep people away in the sleep of death; they are like the new grass of the morning-- though in the morning it springs up new, by evening it is dry and withered.

Psalms 90:10

Our days may come to seventy years, or eighty, if our strength endures; yet the best of them are but trouble and sorrow, for they quickly pass, and we fly away.

Psalms 90:12

Teach us to number our days, that we may gain a heart of wisdom.

Homework: What's one thing you must eliminate to embrace your limitations?

Groups Questions

1. How has your perception of time changed since you were a child?
2. Have you ever believed that if you could just get enough work done you would finally have rest? How did that work out?
3. Which limitations are you most likely to resist?

4. Read Psalm 90:1-6. If you had to guess, how many years do you have left to live? As you read and think about the brevity of life, does it increase depression? Resolve? Other? Why?
5. Read Psalm 90:10-12. What does it mean to "number our days"? How does this lead to wisdom?
6. Remembering that the context of your life is "from everlasting to everlasting" who or what do you need to prioritize? What limitation do you need to embrace?